



Norwich Gymnastics Club is delighted to announce that we are now able to offer Birthday Party hire on Sundays throughout the year. Please contact us directly to find out if your preferred date and time is available.

### About us

Norwich Gymnastics Club is a purpose built Gymnastics facility that caters for hundreds of gymnasts from preschool and recreational sessions, through to its elite competition squad; all of which are working under the guidance of a team of highly motivated and experienced coaches.

The facility lends itself perfectly to children's parties and safe play thanks to its high specification equipment which includes a sunken trampoline and foam pit and impressively the most recent addition, one of the highest specification sprung floors on the market. These facilities are all overlooked by the viewing area which provides clear views of the entire performing area, and most importantly a place for children to recharge their batteries and enjoy any catering and refreshments you wish to provide.

The past year we have trialled the private party idea and we have compiled a list of Frequently Asked Questions (FAQ'S) that we feel may help you in your quest to find your perfect party venue.

### Party Hire FAQs

**Q: What duration can I expect the party to last?**

*A: We have looked at many options and we have settled on a 2 hour hire, this is structured so that children have 1hr 15mins in the gym and then they will head upstairs to the viewing area to recharge their batteries and eat their party food for 45 mins. Children will not be permitted back into the gymnastics area after this time.*

**Q: Do you supply food for the party?**

*A: Unfortunately we cannot provide catering for your party hire.*

**Q: What is the maximum age of the party attendees that you allow?**

*A: 15 Years and under.*

**Q: How early can access to the facility be obtained to allow for set up?**

*A: The facility will be opened 10 minutes prior to the scheduled start time of your party. We have found this leaves ample time for decorating the viewing area and presenting food and can take place whilst the children are in the gym.*

**Q: What can I expect from my party and how many people can I invite?**

*A: We will provide two members of qualified staff to be on hand for the period of hire. We offer a structured 1 hour and 15 minute session including games and free play on the equipment. The maximum amount of children at the party will need to be 16 including the birthday boy/girl.*

**Q: Can parents stay and watch?**

*A: Parents are welcome to stay and watch from our upstairs viewing gallery, however they are not permitted inside the gym unless their child is under 3 years of age.*

**Q: How much will it cost to have a party at Norwich Gymnastics Club? Do you require a deposit?**

*A: The 2 hour hire will cost £140.00. The deposit will be £50.00 and must be paid on booking via a BACs transaction. (Please note this deposit is non-refundable).*

**Q: Do you have any specific rules that we must adhere to?**

*A: Yes there are, as you can appreciate there are a few restrictions we must place on parties whilst in our facility, to safeguard you, the equipment and its users. A Rules Document can be found on page 3 that will outline all rules that are currently in place.*

**Q: What is the best way to find out more information or to proceed to make a booking?**

*A: To find out more or to make a booking please contact us by email:  
[norwichgymnasticsclub@virginmedia.com](mailto:norwichgymnasticsclub@virginmedia.com)*

**Please refer to page 4 (below) that outlines our rules of hire.**

**Norwich Gymnastics Club – Rules for Party Hire**

- No food or drink is permitted in the Gymnasium, this must all be consumed in the viewing area.
- No chewing gum is permitted into the facility.
- Smoking, Vaping and the use of other Electronic Cigarettes are not permitted in the facility at any point.
- Maximum of 16 participants including the birthday boy/girl as outlined in our FAQ's.
- No parents inside the Gymnasium unless their child is under 3 years of age.
- Sensible clothing must be worn at all times. No zips, buckles or belts should be worn.
- No jewellery to be worn whilst in the Gymnasium.
- No shoes or footwear of any kind is permitted in the Gymnasium.
- Socks must be worn when on the trampoline.
- The premises must be left as they were found; this includes all rubbish to be taken away with you.
- We do not allow any face painting activities in the facility to ensure our equipment remains in excellent condition.
- The Gymnasium and its equipment is set up for its client base, which in this instance is for children 15 years and under, therefore parents will not be permitted to use the equipment for their own safety, and to prevent damage to the equipment.
- Norwich Gymnastics Club reserves the right to ask any individual to vacate the premises if they feel it is necessary to do so.
- The hire fee for a 2 hour party is £140.00 and the £50 Non-refundable deposit will be taken on booking via BACs.
- The remaining balance should be paid no later than the Friday before your hire.

**Norwich Gymnastics Club – Party Hire - Booking Form**

Please fill in all sections and return via post or email to Norwich Gymnastics Club.

---

**Lead Name for Booking:**.....

**Address:**.....

.....

.....**Postcode:**.....

**Contact Number:**.....

**Email:**.....

**Birthday Boy / Girls Name:** *(delete as appropriate)*.....

**Age:**.....

**Number of children attending party:**.....

**Date of Hire:**.....

**Preferred Time of Hire:**.....

**Disclaimer:**

I have read and fully understand the Rules of the Party Hire document and I agree to fully abide by them. I understand that failing to do so will result in the party coming to an immediate end and I will be asked to leave the premises immediately.

Print:

Signed:

Date:

Please return to Head Office: Norwich Gymnastics Club, Heartsease Recreation Ground, Sale Road, Norwich, NR7 9TT or Email to [norwichgymnasticsclub@virginmedia.com](mailto:norwichgymnasticsclub@virginmedia.com).